







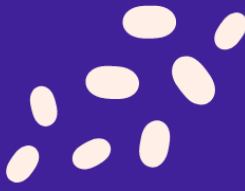

CHEAT SHEET FOR CONNECTION & CORRECTION





Calm ourselves down when triggered.



Help kids calm down & stop inappropriate behavior, thoughts, and words.



Teach them how to identify & share their frustrations and feelings.



Listen and look for the need behind the behavior.




Teach them how to get that need met in an appropriate way, and practice!



Use consequences when needed.



Keep responding consistently which will build trust and lessen anxiety.



GOD

put **OUR**

family

together

for **HIS** *glory.*

